



Air Quality Alternatives: Consider Your Options

From social media to local news, air quality is a hot topic. For any homeowner concerned about their family's well being, it may be time to consider your options when it comes to high-quality air quality filtration, and even sanitation.

Filters Always Matter

Changing your HVAC air filter regularly is the simplest way to improve air quality. Filters are rated on the MERV scale (0-16),

which measures their ability to trap dust, smoke and other particles. Higher MERV ratings capture smaller particles, keeping indoor air cleaner and protecting your HVAC system from debris buildup.



However, before choosing the highest-rated filter, consider what's best for your system. Most HVAC systems work well with a MERV rating of 8-13, which efficiently removes dust, pollen and bacteria without restricting airflow or overworking your equipment.

Air Purification Can Help You Breathe Easier

For those with allergies or respiratory issues, additional air purification can make a difference. Two effective options are whole-home air purifiers and UV light systems.

A whole-home purifier integrates into your HVAC system, using an internal filter in the return air duct to prevent pet dander, smoke and pollen from circulating indoors. This added layer of protection enhances air quality, making it easier for allergy sufferers and pet owners to breathe.

A UV light air purifier, installed near the evaporator coil, uses ultraviolet radiation to

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neutralize organic pathogens such as viruses, mold spores and bacteria. For individuals with compromised immune systems, this technology provides a proactive way to reduce airborne health risks.

Creating a Healthier Home Environment

While no home should be completely sterile, improving indoor air quality is crucial. Regular filter changes, proper ventilation, and the right air purification system can make a noticeable difference.

If you're considering an upgrade, explore your options. Whether you choose a whole-



home air purifier or a UV light system, both contribute to cleaner, healthier air. Talk to an Air-Tro indoor comfort specialist to find the best solution for your home—because breathing clean air should never be a luxury.

Joke Time!

Q: What kind of mustard does a baby like?

A: Poupon.

Q: What caused the air compressor to start sweating?

A: Because it had to run the entire day.

Q: If April showers bring May flowers, what do May flowers bring?

A: Pilgrims.

The New Reality for Southern California Energy Consumers: Generators

With the devastating fires affecting the Southland, the companies that provide our electricity are under enormous legal pressure to make their services safer. And the quickest, cheapest way to protect themselves from further litigation during inclement weather is by turning off the power.

It's already happening in some areas, but we should all be prepared for more frequent and lengthy power outages. Whether it's Christmas morning or a sweltering summertime afternoon, your family could be faced with an inconvenient power outage that lasts for more than a few days.

Remember, it's not as simple as just flipping a switch. The electric company has to ascertain that the whole system is safe and in good condition before



turning the power on again. In recent news stories, this process of restoring service has sometimes taken more than a week. Food in your refrigerator will go bad, indoor comfort will go out the window and other important energy-using needs will go unmet.

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But for Air-Tro customers, this doesn't have to be a problem. Why? Because if consistent electricity matters for your family, you'll be considering the purchase of a new generator.

What to know? The most common generators are small, portable ones used by campers and by contractors working on jobsites with no electricity. These units run on gasoline, are quite noisy, and don't connect directly to your home's electrical service. Instead, they provide power through extension cords run from the outdoor generator into

your home. They require manual startup and should be run-tested two or three times a year to maintain lubrication and battery charge. Given their limits, you may want to consider an automatic, natural-gas fired whole house generator instead.

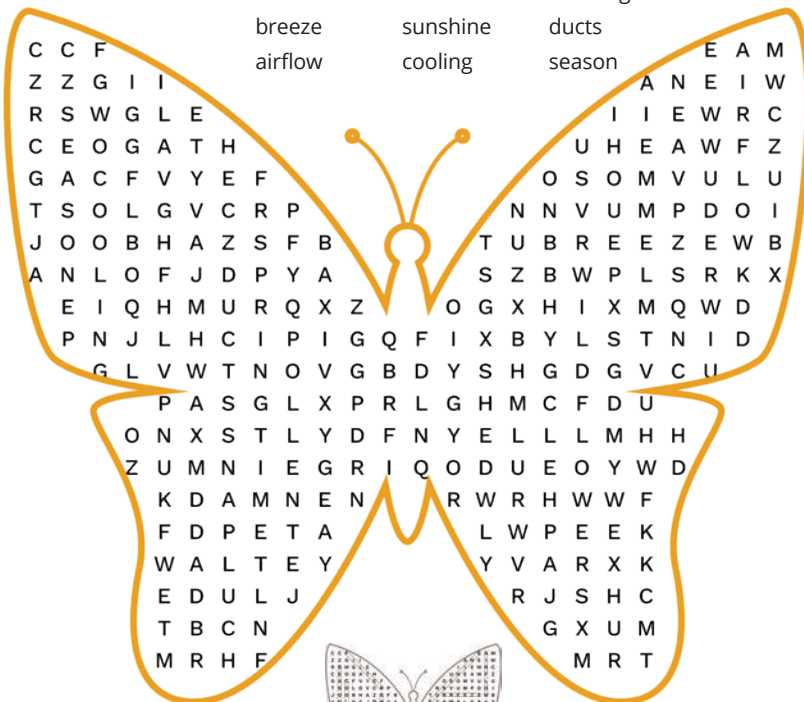
Benefits of a whole house generator include greater reliability, as it can run for days or even weeks on a propane tank. Your appliances and computers are protected from surges. It's quiet to operate, and goes on automatically if the power goes out, whether you're home or not. Your alarm system, electrical appliances and HVAC can operate without a hitch. Installing one also adds to the resale value of your home.

Give us a call to discuss if a whole-house generator is right for you.



Word Search

WORDS: butterfly pollen springtime
wildflowers filter cleaning
breeze sunshine ducts
airflow cooling season



ANSWER KEY:



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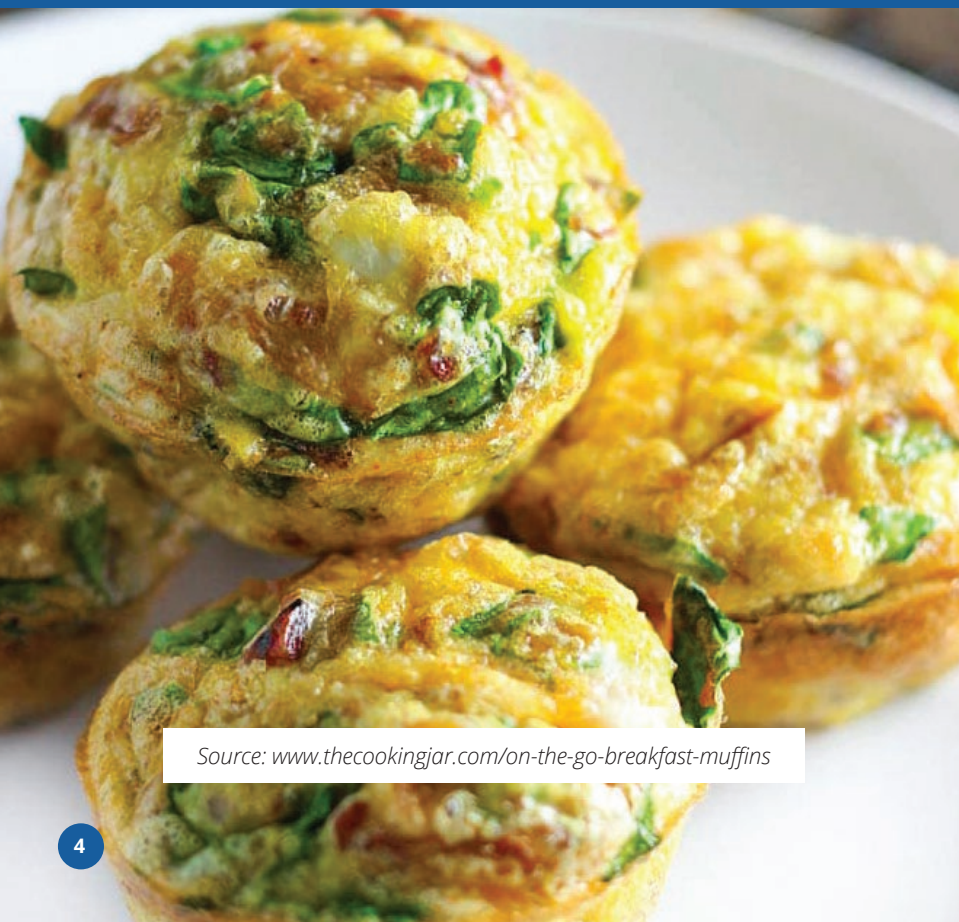
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On-The-Go Breakfast Muffins Recipe



Ingredients

- 12 large eggs, beaten
- 1 cup cheddar cheese, shredded
- 2 cups baby spinach, chopped
- 6 slices bacon, cooked and chopped or 1/2 cup bacon bits
- 1 teaspoon smoked paprika
- Salt and pepper, to taste

Directions

Mix all the ingredients together in a large mixing bowl and whisk until smooth.

Grease a regular size muffin tin and fill each cup to about 2/3 full.

Bake at 350°F for 20-23 minutes or until a knife inserted in the middle of a muffin comes out clean.

Cool for 5 minutes before removing muffins.

Serve hot or refrigerate for later.

Source: www.thecookingjar.com/on-the-go-breakfast-muffins